WELCOME TO GOLDEN SANDS BISTRO

At Golden Sands Bistro, we bring the laid-back charm of the coast to your dining experience. Whether you're here for a meal or a refreshing drink, we've got something special for everyone. Our menu is inspired by vibrant, beachside flavors, offering everything from fresh seafood and hearty burgers to light bites and indulgent treats. Each dish is made with love and the freshest ingredients to ensure every bite is memorable. Sit back, relax, and let the waves of flavor transport you to paradise. Thank you for choosing Golden Sands Bistro. Let us know if there's anything we can do to make your visit even more enjoyable

SERVED UNTIL 2.30PM

Dishes could have some ingredients not listed on the menu if you have any allergy, please inform the staff before ordering.

EARLY MEAL & LUNCH

GSB BIG BREAKFAST … 27.90
Eggs, bacon, sausage, rosti, mushrooms, cheesy roasted tomato, & sourdough

PERI-PERI CHICKEN MELT TOASTIE … 18.90
Peri peri chicken, cheddar, red onion, capsicum, peri-peri mayo.
* Add fries - $5 *

GSB AVOCADO SALMON BENEDICT … 26.90
Sourdough, smashed avocado, smoked salmon, poached eggs, hollandaise

THREE-EGG LAMB & FETA OMELETTE … 27.90
Three-egg omelette, slow-braised lamb, baby spinach, red onion, whipped feta, sourdough.

GREEN GODDESS KUMARA BOWL … 24.90
Roasted kūmara, broccoli, avocado, cherry tomatoes, edamame, spinach, greens, chili lime dressing, pumpkin seeds.

BEER BATTERED FISH … 23.90 / 34.90
Fish & chips, tartare, lemon
* Choice of fish Hoki / Snapper *

PORK SCALOPPINI … 23.90
Crumbed pork fillet with Italian marsala wine and creamy mushroom sauce served with mash

ORIENTAL BEEF SALAD … 23.90
beef strips, rocket, carrots, crispy noodles, tomatoes, orange, onions, in sweet chili dressing.

FRENCH TOAST … 23.90
Brioche French toast, espresso maple reduction, vanilla mascarpone, fresh fruit
* Add Bacon $7 *

CLASSIC HAM, CHEESE & TOMATO TOASTIE … 18.90
Ham, cheddar, tomato, dijon, mayonnaise, toasted sourdough.
* Add fries - $5 *

GSB BACON BENEDICT … 25.90
Potato rosti, poached eggs, Bacon, hollandaise

AVOCADO TOAST … 20.90
Sourdough, smashed avocado, whipped feta, pomegranate, balsamic
* Add bacon $7; egg $3.50 *

ANY STYLE EGGS … 14.90
Eggs your way, sourdough, butter
* Add Bacon $7; smoked salmon $8 *

PORK ROAST … 23.90
Roasted pork, roasted kumara, pumpkin, potatoes, carrots, gravy, crackling

PENNE CHICKEN … 23.90
Chicken, mushroom, onion in creamy white sauce

SIDES
* Sautéed Mushroom $7 | Smoked Salmon $8 | Bacon $7 | Wilted Spinach $5 | GF Toast $3 | Egg $3.5 | Sausage $7 | Rosti $6 *

Add a Drink - Glass of house wine $7 | Bottled beer $8

LUNCH SPECIAL OFFER VALID ALL WEEKDAYS

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ALL DAY MENU

ENTRÉE

CHEESY GARLIC PIZZA BREAD (V) … 14.90
Confit garlic, cheese olive oil, herbs, seasoning

GARLIC PRAWNS … 18.90
Prawns sautéed with garlic in emulsion of chili-infused olive oil & butter, served with toast

PAN SEARED SCALLOPS … 22.90
Seared scallops served with pumpkin purée, beans, cherry tomatoes & wilted spinach.

SEAFOOD PLATTER … 26.50
Baked cheesy scallops, smoked salmon, sweet chili prawns, baked mussels, green salad

SEAFOOD CHOWDER … 21.90
Creamy chowder, brimming with shrimp, surimi, mussels & fish, served with garlic bread
* Large Portion $28.90 *

LAMB TACOS … 20.90
Pulled lamb, avocado puree, spicy tomato salsa, freshly baked tortilla

CRUMBED LEMON PEPPER SQUID RINGS … 17.90
Lemon pepper crumb squid rings, served with green salad & tartare sauce

TOMATO BRUSCHETTA (V) … 16.90
Toasted ciabatta, tomatoes, onion, fresh basil & drizzle of balsamic glaze, garlic, bocconcini

MUSSELS … 21.90
One dozen mussels served in creamy green curry & lemon leaves sauce with toast

SALADS

CAESAR SALAD … 29.90
Crisp romaine lettuce tossed in Caesar dressing, croutons, parmesan cheese, bacon, chicken, anchovies and egg

PROSCIUTTO & WALNUT SUMMER SALAD … 30.90
Prosciutto, cherry tomato, bocconcini, caramelized walnut, balsamic dressing, poached pear, mixed greens

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MAINS

GRILLED SCOTCH FILLET (250 GRAMS) … 50.90
Chargrilled Scotch fillet, black garlic red wine jus, crushed baby potatoes, glazed baby carrot & beans

SEAFOOD PAELLA … 38.90
Saffron bomba rice, pawns, mussels, calamari, scallops, fish, peppers, peas, tomatoes, and aromatic spices

SNAPPER EN PAPILLOTE … $37.90
Oven-baked snapper in parchment with lemon-garlic, butter, tomato, white wine, served with crushed baby potatoes, cherry tomatoes, & beans.

APPLE CIDER & DIJON GRILLED PORK CHOPS … $36.50
Grilled pork chop glazed with apple cider, dijon mustard, thyme, served with crushed baby potatoes, broccoli, glazed carrot, apple-cider jus.

ROASTED PUMPKIN & WHIPPED FETA STACK … $28.90
Oven-roasted pumpkin, whipped feta, sautéed spinach, roasted cherry tomatoes, green beans, basil pesto, balsamic glaze.

PAN SEARED DUCK BREAST … 40.90
Honey & soy glazed duck breast served medium well, spicy tomato sauce, broccoli, beans, spinach, crushed baby potatoes

SCOTCH WHISKY FLAMBÉ LAMB SHANK … 40.90
Slow-braised lamb shank, red wine rosemary jus, potato purée, honey glazed carrot, broccoli & gremolata.

CHICKEN SCOLLOPINI … 35.90
Chicken breast escalope served with a mushroom cream sauce, broccoli, glazed baby carrots & crushed baby potatoes.

SALMON FILLET … 40.90
Pan-seared salmon filet with crisp skin, beurre blanc, crushed baby potatoes, cherry tomatoes, green beans, and lemon-herb oil.

FRESH PASTA

SPINACH & RICOTTA CANNELLONI … 28.90
Ricotta and spinach-filled cannelloni baked in tomato sauce with cheese, parmesan, and a hint of basil pesto.

PENNE CHICKEN LOUISIANA … 27.90
Cajun spice sauce, bell pepper, mushroom, parmeson cheese, EVOO served crumbed chicken.

HOT PENNE ARRABBIATA … 22.90
Fresh Basil, tomatoes, EVOO, parmigiano reggiano, red chilli
* Add Chicken $7 | Vegetables $7 *

M.T.B … 27.90
Mushroom, Truffle oil, Bacon, parmigiano reggiano in a creamy sauce

SHRIMP PASTA … $27.90
Fettuccini, Lemon, garlic, spinach, tomatoes, parmigiano reggiano

BURGERS

PERI-PERI CHICKEN BURGER … 26.90
Peri-peri chicken, cheddar, lettuce, tomato and peri peri mayo, brioche bun, fries.

BBQ PULLED PORK BURGER … 25.90
Pulled pork tossed in smoky BBQ sauce, apple slaw, dill pickles and chipotle mayo brioche bun, fries.

BEEF BURGER … 27.90
Beef mince patty, lettuce, tomato, cheese, pickles, homemade burger sauce, brioche bun, fries

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PIZZA

MEAT LOVERS PIZZA … 29.90
Pancetta, peperoni, ham, chorizo, bbq base, mozzarella, seasoning

TANDOORI CHICKEN & MINT YOGHURT PIZZA … 27.90
Tandoori chicken, tomato base, red onion, capsicum, mozzarella, mint-yoghurt drizzle.

PULLED LAMB PIZZA … 30.90
Pulled lamb, tomato base, bell pepper, red onion, rocket & house tzatziki drizzle

MARGHERITA PIZZA … 28.00
Bocconcini, cherry tomato, olive oil, fresh basil, parmesan, tomato base, seasoning

SMOKED SALMON & SHRIMP PIZZA … 31.90
Smoked salmon, prawns, red onion, capers, white base, mozzarella, seasoning

PEPPERONI PIZZA … 28.50
Pepperoni picante, onion, chilli flakes, tomato base, mozzarella, seasoning

HAWAIIAN PIZZA … 28.00
Ham, pineapple, mozzarella, tomato base, seasoning

CALZONE DIAVOLA … 31.00
Folded pizza, tomato base, pepperoni, pork sausage, onion, capsicum, chilli flakes, mozzarella, seasoning

DESSERTS

TIRAMISU … 17.90
Amaretto and marsala soaked savoiardi sponge fingers layered with coffee infused mascarpone cheese, finished with chocolate fudge sauce served with vanilla ice cream

SPECIAL COFFEE … 18.90
Double shot espresso, shot of spirt or liquor of your choice topped with cream

AFFOGATO … 9.90
Double shot expresso with single scoop of vanilla icecream
* Add Liquor $9 *

CRÈME BRÛLÉE … 15.90
Smooth rich vanilla custard topped with crackly caramelized sugar topping

LEMON DE SORRENTO … 17.90
A heavenly union of delicate lemon cream gelato with a passionfruit center, topped with a zesty fresh lemon sorbet all on a vanilla sponge base

SIDES

CHILLI CHEESE POTATOES … 16.90
Baked smashed baby potatoes tossed in smoky chilli-garlic butter, topped with mozzarella and cheddar, pickled jalapeños, peri peri mayo

FRIES … 12.90
Tomato sauce & garlic aioli

WEDGES … 13.90
Served with sweet chilli & sour cream

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