

WELCOME TO GOLDEN SANDS BISTRO



At Golden Sands Bistro, we bring the laid-back charm of the coast to your dining experience. Whether you're here for a meal or a refreshing drink, we've got something special for everyone. Our menu is inspired by vibrant, beachside flavors, offering everything from fresh seafood and hearty burgers to light bites and indulgent treats. Each dish is made with love and the freshest ingredients to ensure every bite is memorable. Sit back, relax, and let the waves of flavor transport you to paradise. Thank you for choosing Golden Sands Bistro. Let us know if there's anything we can do to make your visit even more enjoyable

Dishes could have some ingredients not listed on the menu if you have any allergy, please inform the staff before ordering.

EARLY MEAL & LUNCH

SERVED UNTIL 2.30PM

GSB BIG BREAKFAST ... 27.90

Any style eggs, rosti, grilled sausage, bacon, sautéed mushrooms, wilted spinach & toast

SALMON & AVOCADO BENEDICT ... 26.90

Salmon & smashed avocado, poached eggs, hollandaise on toast

MUSHROOM BENEDICT ... 25.90

Poached eggs, wilted spinach, sautéed mushrooms, rosti, hollandaise

THREE EGGS FOLDED OMELETTE ... 21.90

Bacon, cheese, mushroom, tomatoes, spinach & sourdough

OPEN CHICKEN SANDWICH WITH FRIES ... 25.90

Grilled cajun spiced chicken thigh, mixed leaves, sliced tomato, brie, cranberry sauce, aioli on ciabatta

BEER BATTERED FISH ... 24.90 / MP

Fish & chips, tartare, lemon
* Choice of fish Hoki / Market Fish *

^{HOT} ORIENTAL BEEF SALAD ... 24.90

beef strips, rocket, carrots, crispy noodles, tomatoes, orange red onions, in sweet chili dressing.

FRENCH TOAST & BACON ... 25.90

Brioche toast, espresso-maple reduction, vanilla mascarpone, fruits, berry compote, & bacon

BACON BENEDICT ... 25.90

Poached eggs, bacon, rosti, hollandaise

AVOCADO TOAST ... 22.90

Ciabatta, hummus, avocado, cherry tomatoes, goat cheese, balsamic glaze & greens
* Add bacon \$7; egg \$3 *

ANY STYLE EGGS ... 15.90

Eggs your way with sourdough
* Add Bacon \$7; smoked salmon \$8 *

CREAMY TRUFFLE MUSHROOM SOURDOUGH ... 21.90

mushrooms in a rich cream sauce, parmesan, truffle oil served on toasted sourdough
* Add Bacon - \$7 *

VEGAN BOWL ... 25.90

Carrots, broccoli, beans, spinach, mushrooms, hummus, potato rosti, pumpkin seeds, greens

PORK SCALOPPINI ... 24.90

Crumbed pork fillet with Italian marsala wine and creamy mushroom sauce served with mash

SIDES

* Sautéed Mushroom \$7 | Smoked Salmon \$8 | Bacon \$7 | Wilted Spinach \$5 | GF Toast \$3 | Egg \$3 | Sausage \$7 | Rosti \$5 *

Add a Drink - Glass of house wine \$7 | Bottled beer \$8

LUNCH SPECIAL OFFER VALID ALL WEEKDAYS

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ALL DAY MENU

ENTRÉE

CHEESY GARLIC PIZZA BREAD ... 15.00

Confit garlic, cheese olive oil, herbs, seasoning

GARLIC PRAWNS ... 19.90

Prawns sautéed with garlic in emulsion of chili-infused olive oil & butter, served with toast

PAN SEARED SCALLOPS ... 21.90

Seared scallops served with pumpkin purée, beans, cherry tomatoes & wilted spinach.

SEAFOOD PLATTER ... 25.90

Baked cheesy scallops, smoked salmon, sweet chili prawns, clams, green salad

MUSHROOM CROQUETTES ... 18.90

Golden panko-crumbed mushroom croquettes served with garlic aioli and side salad.

LAMB TACOS ... 19.90

Pulled lamb, avocado puree, spicy tomato & onions, freshly baked tortilla

MUSSELS ... 21.90

One dozen mussels served in creamy green curry & lemon leaves sauce with toast

CRUMBED LEMON PEPPER SQUID RINGS ... 18.90

Lemon pepper crumb squid rings, served with green salad & tartare sauce

SEAFOOD CHOWDER ... 22.90

Creamy seafood chowder, brimming with shrimp, surimi, mussels & fish, with herbs and turmeric, served with toast

* Large Portion \$29.90 *

SALADS

CAESAR SALAD ... 31.90

Crisp romaine lettuce tossed in Caesar dressing, croutons, parmesan cheese, bacon, chicken, anchovies and egg

PRAWN SALAD ... 28.90

Greens, tomato, radish, bell pepper, apple, poached beetroot, onion

PROSCIUTTO & WALNUT SUMMER SALAD ... 33.90

Mixed greens, cherry tomato, goat cheese, caramelized sweet walnut, balsamic dressing, poached pear

SALMON SALAD ... 38.90

Orange glazed salmon fillet, avocado, cherry tomato, olives, radish, edamame, poached beetroot, apple sauce, greens

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MAINS

GRILLED SCOTCH FILLET (250 GRAMS) ... 47.90

Scotch fillet served with beans & baby carrot
* Choice of green pepper sauce | mushroom sauce
Choice of Fries | Wedges *

SEAFOOD PAELLA ... 38.90

Spanish bomba rice packed with succulent prawns, mussels, calamari, scallops, and fresh fish, simmered with saffron, roasted peppers, peas, tomatoes, and aromatic spices

MARKET FISH ... \$MP

Beer battered with fries or Pan seared with creamy mash, vegetables, lemon butter caper sauce.

GRILLED PORK CHOPS ... \$36.90

Served with rosemary potatoes, red wine jus, broccoli, carrot & beans, apple chutney

PAN SEARED DUCK BREAST ... 38.90

Honey & soy glazed duck breast served medium well, spicy tomato sauce, broccoli, beans, spinach, gourmet potatoes

LAMB SHANK ... 36.90

Slow braised lamb shank served creamy mash, seasonal vegetables, red wine jus

CHICKEN SCOLLOPINI ... 35.90

Pan fried chicken breast with mushroom sauce, broccoli, beans, carrot, gourmet potato

FRESH PASTA

SPINACH & RICOTTA CANNELLONI ... 28.90

Ricotta and spinach-filled cannelloni baked in tomato sauce with cheese, parmesan, and a hint of basil pesto.

PENNE CHICKEN LOUISIANA ... 27.90

Cajun spice sauce, bell pepper, mushroom, parmesan cheese, EVOO served crumbed chicken.

^{HOT} PENNE ARRABBIATA ... 22.90

Fresh Basil, tomatoes, EVOO, parmigiano reggiano, red chilli

* Add Chicken \$7 | Vegetables \$7 *

M.T.B ... 27.90

Bacon, mushroom, truffle oil & parmigiano reggiano cheese in a creamy sauce

PENNE CHICKEN VELOUTE ... 27.90

Diced chicken, broccoli, garlic, onion, veloute sauce, parmigiano reggiano cheese

SHRIMP PASTA ... \$27.90

Lemon, garlic, spinach, tomatoes, parmigiano reggiano

BURGERS

GRILLED CHICKEN BURGER ... 26.90

Cajun grilled chicken, lettuce, tomato, pickle, homemade burger sauce, brioche bun, fries

BBQ PULLED PORK BURGER ... 26.90

Pulled pork, apple slaw, garlic aioli, brioche bun, fries

BEEF BURGER ... 27.90

Beef mince patty, lettuce, tomato, cheese, caramelized onion, pickles, homemade burger sauce, brioche bun, fries

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PIZZA

MEAT LOVERS PIZZA ... 31.00

Pancetta, peperoni, ham, chorizo, bbq base, mozzarella, seasoning

PERI PERI CHICKEN PIZZA ... 28.00

Grilled peri peri chicken, onion, bell pepper, tomato sauce base, mozzarella, garlic aioli drizzle, seasoning

CALZONE DIAVOLA ... 30.00

Folded pizza, tomato base, pepperoni, pork sausage, onion, capsicum, chilli flakes, mozzarella, seasoning

MARGHERITA PIZZA ... 28.00

Bocconcini, olive oil, fresh basil, parmesan, tomato base, seasoning

SMOKED SALMON & SHRIMP PIZZA ... 31.00

Smoked salmon, prawns, red onion, capers, white base, mozzarella, seasoning

PEPPERONI PIZZA ... 28.00

Pepperoni picante, onion, chilli flakes, tomato base, mozzarella, seasoning

PULLED LAMB PIZZA ... 28.00

Pulled lamb, bell pepper, red onion, rocket & house tzatziki drizzle

HAWAIIAN PIZZA ... 28.00

Ham, pineapple, mozzarella, tomato base, seasoning

DESSERTS

TIRAMISU ... 17.90

Amaretto and marsala soaked savoiardi sponge fingers layered with coffee infused mascarpone cheese, finished with chocolate fudge sauce served with vanilla ice cream

SPECIAL COFFEE ... 19.00

Double shot espresso, shot of spirit or liquor of your choice topped with cream

AFFOGATO ... 10

Double shot espresso with single scoop of vanilla icecream
* Add Liquor \$9 *

CHOCOLATE LAVA CAKE ... 16.90

Decadent warm chocolate cake with a flowing molten chocolate centre, paired with smooth vanilla bean ice cream for an irresistible dessert experience.

CRÈME BRÛLÉE ... 15.90

Smooth rich vanilla custard topped with crackly caramelized sugar topping

SIDES

FRIES ... 11.90

Tomato sauce & garlic aioli

SEASONAL VEGETABLES ... 13.90

Garlic, olive oil

WEDGES ... 12.90

Served with sweet chilli & sour cream

ROASTED GOURMET POTATO ... 11.90

Parmesan & rosemary

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