

WELCOME TO GOLDEN SANDS BISTRO



At Golden Sands Bistro, we bring the laid-back charm of the coast to your dining experience. Whether you're here for a meal or a refreshing drink, we've got something special for everyone. Our menu is inspired by vibrant, beachside flavors, offering everything from fresh seafood and hearty burgers to light bites and indulgent treats. Each dish is made with love and the freshest ingredients to ensure every bite is memorable. Sit back, relax, and let the waves of flavor transport you to paradise. Thank you for choosing Golden Sands Bistro. Let us know if there's anything we can do to make your visit even more enjoyable

Dishes could have some ingredients not listed on the menu if you have any allergy, please inform the staff before ordering.

EARLY MEAL & LUNCH

SERVED UNTIL 2.30PM

GSB BIG BREAKFAST ... 26.90

Any style eggs, rosti, grilled sausage, bacon, sautéed mushrooms, wilted spinach & toast

EGG BENEDICT ... 19.90

Poached eggs, wilted spinach, rosti, hollandaise
* Salmon \$8 | Bacon \$7 | Mushroom \$7 | Chicken \$7 *

THREE EGGS FOLDED OMELETTE ... 21.90

Bacon, cheese, mushroom, tomatoes, spinach & sourdough

OPEN CHICKEN SANDWICH WITH FRIES ... 24.90

Grilled cajun spiced chicken thigh, mixed leaves, sliced tomato, brie, cranberry sauce, aioli on ciabatta

BEER BATTERED FISH ... 23.90 / MP

Fish & chips, tartare, lemon
* Choice of fish Hoki / Market Fish *

PORK ROAST ... 24.90

Traditional roasted pork, roasted vegetables, peas, onion gravy, crackling

ORIENTAL BEEF SALAD ... 23.90

beef strips, rocket, carrots, crispy noodles, tomatoes, orange & red onions.

FRENCH TOAST & BACON ... 24.90

Brioche toast, espresso-maple reduction, vanilla mascarpone, fruits, berry compote, & bacon

CREAMY TRUFFLE MUSHROOM SOURDOUGH ... 20.90

mushrooms in a rich cream sauce, parmesan, truffle oil served on toasted sourdough
* Add Bacon - \$7 *

VEGAN BOWL ... 24.90

Roasted kumara, carrots, rosti, broccoli, beans, spinach, mushrooms, hummus, pumpkin seeds

ANY STYLE EGGS ... 14.90

Eggs your way with sourdough
* Add Bacon \$7; smoked salmon \$8 *

PORK SCALOPPINI ... 23.90

Crumbed pork fillet with Italian marsala wine and creamy mushroom sauce served with mash

BANGERS & MASH ... 24.90

Pork sausages, creamy mash, onion gravy & peas

SIDES

* Sautéed Mushroom \$7 | Smoked Salmon \$8 | Bacon \$7 | Wilted Spinach \$5 | GF Toast \$3 | Egg \$3 | Sausage \$7 | Rosti \$5 *

Add a Drink - Glass of house wine \$5 | Bottled beer \$7 | Soft Drink \$3

LUNCH SPECIAL OFFER VALID ALL WEEKDAYS

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ALL DAY MENU

ENTRÉE

GARLIC PIZZA BREAD ... 12.00

Confit garlic, olive oil, herbs, seasoning

** Add Cheese \$6 **

LAMB TACOS ... 19.90

Pulled lamb, avocado puree, spicy tomato & onions, freshly baked tortilla

GARLIC PRAWNS ... 19.90

Prawns sautéed with garlic in emulsion of chili-infused olive oil & butter, served with toast

MUSSELS ... 21.90

One dozen mussels served in creamy green curry & lemon leaves sauce with toast

PAN SEARED SCALLOPS ... 21.90

Seared scallops served with pumpkin purée, beans, cherry tomatoes & wilted spinach.

CRUMBED LEMON PEPPER SQUID RINGS ... 19.90

Lemon pepper crumb squid rings, served with green salad & tartare sauce

SEAFOOD PLATTER ... 26.90

Baked cheesy scallops, smoked salmon, sweet chili prawns, clams, green salad

SEAFOOD CHOWDER ... 22.90

Creamy seafood chowder, brimming with shrimp, surimi, mussels & fish, with herbs and turmeric, served with toast

** Large Portion \$29.90 **

MUSHROOM CROQUETTES ... 18.90

Golden panko-crumbed mushroom croquettes served with garlic aioli and side salad.

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MAINS

GRILLED SCOTCH FILLET (250 GRAMS) ... 47.90

Scotch fillet served with beans & baby carrot
* Choice of green pepper sauce | mushroom sauce
Choice of Fries | Wedges *

GRILLED PORK CHOPS ... \$34.90

Served with rosemary potatoes, red wine jus,
broccoli, carrot & beans, apple chutney

RISOTTO

Mix seafood in tomato sauce \$38.90 | Lamb
shank with saffron infused arborio rice \$37.90 |
Vegetarian in tomato sauce \$30.90

MARKET FISH ... \$MP

Beer battered with fries or Pan Fried with mash
and vegetables

GRILLED SALMON FILLET ... 38.90

Creamy mash, beans, broccoli, carrot, lemon
butter caper sauce

PAN SEARED DUCK BREAST ... 42.90

Honey & soy glazed duck breast served medium
well, spicy tomato sauce, broccoli, beans,
spinach, gourmet potatoes

LAMB KAFTA MEZZE ... 33.90

Lamb Kafta, homemade pita, rocket & onion
salad, Grilled jalapeño, tzatziki drizzle, humus

LAMB SHANK ... 36.90

Slow braised lamb shank served creamy mash,
seasonal vegetables, red wine jus

CHICKEN SCOLLOPINI ... 33.90

Pan fried chicken breast with mushroom sauce,
broccoli, beans, carrot, gourmet potato

WARM SALAD BOWL ... 38.90

Choice of protein, mixed greens, roasted
pumpkin, kumara, , carrots, beetroot, potatoes,
onions, lime chili dressing

* Protein - Grilled salmon fillet | Grilled cajun chicken *

FRESH PASTA

SPINACH & RICOTTA CANNELLONI ... 29.90

Ricotta and spinach-filled cannelloni baked in
tomato sauce with cheese, parmesan, and a
hint of basil pesto.

PENNE CHICKEN LOUISIANA ... 28.90

Cajun spice sauce, bell pepper, mushroom,
parmesan cheese, EVOO served crumbed
chicken.

HOT PENNE ARRABBIATA ... 28.90

Fresh Basil, tomatoes, EVOO, parmigiano
reggiano, red chilli

* Add Chicken \$7 | Vegetables \$7 *

M.T.B ... 28.90

Bacon, mushroom, truffle oil & parmigiano
reggiano cheese in a creamy sauce

PENNE CHICKEN VELOUTE ... 28.90

Diced chicken, broccoli, garlic, onion, veloute
sauce, parmigiano reggiano cheese

SHRIMP PASTA ... \$28.90

Lemon, garlic, spinach, tomatoes, parmigiano
reggiano

BURGERS

HOT HONEY CHICKEN BURGER ... 27.90

Crispy fried chicken, hot honey glaze, house
slaw, pickles, garlic aioli, brioche bun & fries

BEEF BURGER ... 27.90

Beef patty, lettuce, tomato, cheese, caramelised
onion, pickles, garlic aioli, brioche bun, fries

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PIZZA

MEAT LOVERS PIZZA ... 33.00

Pancetta, peperoni, ham, chorizo, bbq base, mozzarella, seasoning

SMOKED SALMON & SHRIMP PIZZA ... 33.00

Smoked salmon, prawns, red onion, capers, white base, mozzarella, seasoning

PROSCIUTTO PIZZA ... 32.00

Parma ham, rocket, cherry tomato, olive oil, parmesan, cow mozzarella, tomato base, seasoning

PERI PERI CHICKEN PIZZA ... 30.00

Grilled peri peri chicken, onion, bell pepper, tomato sauce base, mozzarella, garlic aioli drizzle, seasoning

HOT HONEY PEPPERONI PIZZA ... 30.00

Pepperoni picante, onion, chilli flakes, tomato base, mozzarella, seasoning

PULLED LAMB PIZZA ... 33.00

Pulled lamb, roasted peppers, red onion, rocket & house tzatziki drizzle

HOT HONEY MARGHERITA PIZZA ... 30.00

Bocconcini, olive oil, fresh basil, parmesan, tomato base, seasoning

CALZONE DIAVOLA ... 31.00

Folded pizza, tomato base, pepperoni, pork sausage, onion, capsicum, chilli flakes, mozzarella, seasoning

DESSERTS

MANGO MOUSSE ... 16.90

Delicate sponge & mango mousse with layer of passionfruit jelly served with vanilla bean ice cream & macron

TIRAMISU ... 17.90

Amaretto and marsala soaked savoiardi sponge fingers layered with coffee infused mascarpone cheese, finished with chocolate fudge sauce served with vanilla ice cream

SPECIAL COFFEE ... 19.00

Double shot espresso, shot of spirit or liquor of your choice topped with cream

CHOCOLATE MOUSSE CAKE ... 16.90

Four layered chocolate sponge cake topped with layer of ganache chocolate served with cookie crumble and vanilla bean ice cream

CRÈME BRÛLÉE ... 13.90

Smooth rich vanilla custard topped with crackly caramelized sugar topping

AFFOGATO ... 10

Double shot espresso with single scoop of vanilla icecream
* Add Liquor \$9 *

SIDES

FRIES ... 11.90

Tomato sauce & garlic aioli

SEASONAL VEGETABLES ... 13.90

Garlic, olive oil

WEDGES ... 12.90

Served with sweet chilli & sour cream

ROASTED GOURMET POTATO ... 11.90

Parmesan & rosemary

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